# LACROSSE SUMMER CAMP

July 29 – August 1, 2019

Yorba Linda High School

6 – 7:30 pm (time subject to change)

**2018 Yorba Linda Lacrosse Academy Summer Camp Fee: $150**

**Participant must be in 4th – 8th grade as of Fall 2019**

The Yorba Linda Lacrosse Academy summer camp is designed for the player who wants to work on specific lacrosse skills as well as game situations to achieve his individual lacrosse goals.

The weeklong camp will provide a solid foundation for improving lacrosse skills and improving any player's overall game. Each day is designed to help the player improve shooting, stick work, individual offense, individual defense, body mechanics, field sense, and general lacrosse knowledge.

Camp is run by YL Lacrosse Academy Director/YLHS Head Varsity Lacrosse Coach, Mike Schreiber.

**Tentative Daily Schedule: 6 to 7:30 pm**

**6 – 7 pm** Instructional Drills on Lacrosse Fundamentals. Shooting, Stick Work, Body Mechanics, Field Sense, and General Lacrosse Knowledge.

**7 – 7:30 pm** Camp 6 v 6 Games
Modified Games will be played at the end of each Clinic day.

Register **online** at our website or **download** forms and mail in:

P.O. Box 478
Yorba Linda, CA 92885

**REGISTRATION DEADLINE: July 24, 2019**

**Website:** www.ylyouthlacrosse .com **Email:** info@ylyouthlacrosse.com